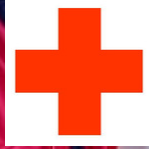


INDIAN RED CROSS SOCIETY



Monthly Bulletin
OCTOBER, 2022
VOL. 27

Your Job is not complete until
your work area is clean



In this Issue:

- From the Secretary General's Desk
- Blood Donations activities
- IRCS- Meetings
- Response to floods & other disasters
- Training & Workshops
- Welcome, Congratulations, Health Camps & Celebration of Important Days, Story of the Month
- Media Coverage

From the Desk of The Secretary-General



IRCS, NHQ has been making sincere efforts to streamline the trainings in first aid being held all through the country by the branches. In this regard several directions & advisories had been issued. One of the initiatives in the pipeline is holding online examinations for evaluating the competence of the trainees. The NHQ has hired the services of a PSU to help devise the nitty-gritty. The team visited Chandigarh for examining & pretesting the system being envisaged with the Haryana & Punjab state branches. I thank the branches and the team for their efforts in this regard.

I am deeply saddened by the tragedy that struck us with the collapse of the suspension bridge in Morbi, Gujarat. My condolences & prayers are with the bereaved families. I also commend Gujarat state branch for assisting in rescue work & organizing availability of blood for the needy.

During this month online meetings were held to reconcile the accounts with the field branches. This month several vehicles have also been delivered to the Branches Blood Centres in different States. They must use them judiciously for the service of humanity.

I take this opportunity to welcome the new office bearers of the Assam state branch, Mr. A. K. Absar Hazarika, Chairman, Mr. Gohain Vice Chairman and Mr. Prakash, Treasurer. My hearty congratulations to Dr. Arumalla Sridhar Reddy on being again enthroned as the Chairman of IRCS, Andhra Pradesh State Branch.

I congratulate Mr. Waseem Ullah, for being recognized as the STAR EMPLOYEE OF THE MONTH for maintaining hygiene & cleanliness at the workplace. I also congratulate Mr. Prabir Kumar Das on being honoured by CDMO, Boudh district branch, Odisha for his 101st blood donation.

The branches observed many significant days and festivals this month like National Voluntary Blood Donation Day, International Day For Disaster Risk Reduction, World Mental Health Day, World Sight Day, Global Hand Washing Day, Durga Puja & Deepawali etc. Such observations give us an opportunity to connect with people & create awareness about Red Cross.

CONGRATULATIONS Mr. Waseem Ullah, who has been associated with IRCS, NHQ since 1999. He is currently working as a Calligraphist in the department of Fund Raising & membership. He handles certificate writing work for St. John, Red Cross, and Youth JRC. He also looks after record keeping & verification of certificates. We proudly present this STAR EMPLOYEE OF THE MONTH recognition to him. We appreciate his efforts towards maintaining the cleanliness at his workstation & his surroundings.



A nearly 100-year-old suspension bridge over the Machchhu River in Gujarat's Morbi collapsed on 30th October 2022. More than 130 persons died in this tragedy. A team of 25 Red Cross volunteers led by Chairman Sh. Ajaybhai H. Patel reached within short span of time to rescue the victims. Considering the numbers of injured people, the officers of Health Department were worried about the availability of blood. The Commissioner of Health dept. requested Red Cross to ensure the supply of sufficient blood. On the request of the Red Cross around 120 volunteers donated their blood and maintained the stock of each blood groups. 433 units of blood were collected.

STATUS OF DELIVERY OF VEHICLES

12 Blood Collection Vans, 4 Covid Ambulances, 4 Mobile Testing Vans & 3 BLS Ambulances have been delivered to State Branches across India.

SUPPORT TO THE NEEDY & VULNERABLE

Items consisting of 200 Hygiene Kits & 10 Sewing Machines were distributed amongst the poor and needy at Jalgaon district branch, Maharashtra. 200 Hygiene Kits were distributed amongst the poor at Pandharpur, Maharashtra, 250 Wollen Blankets each at Barshi & Pandharpur districts of Maharashtra, 200 Kitchen Sets & 200 Wollen Blankets were distributed amongst the poor & needy in Odisha, 200 Hygiene Kits & 200 Wollen Blankets were provided to the vulnerable in Bihar & 300 Hygiene Kits were also distributed amongst poor and needy in the State of Andhra Pradesh.



Blood donation camp, Udhampur, J&K



Blood donation camp was held at Ulhasnagar, Thane district, Maharashtra state branch. 145 units of blood were collected.

IRCS NHQ Blood Centre

A Man Who Saves One Life Saves Mankind



The Month of October, 2022

Donors – 1287
 Voluntary Donors in camps — 1032
 Voluntary Donors in-house — 255
 No. of camps— 26
 Blood/Blood Components issued - 2832 units



Donating Blood During COVID-19 is Safe!

IRCS NHQ Blood Center timings for blood donation:

Monday- Saturday (except 2nd Saturday): 9 AM – 7 PM

2nd Saturday, Sunday, Public Holidays: 10 AM – 6 PM

Note: The NHQ Blood Center is open 24/7 for the issue of blood



Donate Blood: Be a Significant Silent Good Samaritan



Blood donation camp, Bhavnagar, Gujarat

Thank you, donors!



Blood donation camp, Kupwara district, J&K



Blood Donation Camp, Police Octopus, Vidyanagar, Hyderabad, Telangana. 174 units of blood were collected.



Blood donation camp, Kanker, Chhatisgarh



Red Cross Blood Centre conducted blood donation camp at All India Institute of Medical Services Bibinagar, Telangana



Blood donation camp at Red cross society Malda district branch, West Bengal



Blood donation camp was held on the occasion of Police flag day Mahabubnagar, Telangana

Meetings of IRCS



During the month of October, the NHQ held meetings with Maharashtra, Punjab, Haryana, and Gujarat branches for Reconciliation and Settlement of Working Advances to ease the process of releasing the project fund to them.



Canadian Red Cross is planning to support IRCS, NHQ in the construction projects at its warehouses in Salt lake, Kolkata & Vikhroli, Mumbai. A team consisting of CRC, Senior Technical Advisor Mr. Laxman Kshetri and their delegate posted in India Mr. Batman Bhandari together with Mr. R.K Batra, Engineer Advisor, IRCS visited the sites from 15th-21st October 2022. The team has done the preliminary feasibility study and is likely to submit its recommendations soon.

**Distribution of Relief Materials/Soaps/Masks/HP kits/Medicines/food items etc.
War against floods and other disasters**



Distribution of blankets to the poor and needy at Kamla Nehru Hospital, Shimla by Dr. Sadhna Thakur (Chairperson HWS)



Distribution of free medicines at the medical camp held at Shrirampur sub-district branch, district Ahmednagar, Maharashtra



As part of the Pradhan Mantri TB Mukta Bharat programme, 65 TB patients from the villages of Gaurav Adivasi Mandal were provided with 3 months of nutritional food supplements at Guduru Health Center in the presence of TB Medical Officers of Mahabubabad District, Telangana.

Distribution of Relief Materials/Soaps/Masks/HP kits/Medicines/food items etc. War against floods and other disasters



IRCS, Hyderabad district branch in collaboration with Telangana TB Association & Hyderabad District TB Control Authority under Pradhan Mantri TB Mukh Bharat Abhiyaan organized food nutrient kits distribution program for TB patients



IRCS, Arunachal Pradesh, state branch, provided relief assistance to the fire victims at Naharlagun



Flood relief in Mahabubabad district, Telangana.



IRCS, Churachandpur district branch visited Pastor Lamgen & family whose house & all properties were totally destroyed by fire at Zoumunnuam. Relief materials such as blankets, hygiene-kit & mosquito nets were given to the family.



Trainings & Workshops



Training for online First Aid examination in Haryana was held on 19th October, 2022 under the Chairmanship of Mrs. Sushma Gupta Vice Chairperson. Dr. Mukesh Aggarwal, General Secretary, IRCS & St. John Ambulance (India), Haryana State Branch was also present in the program. Ms. Shikha Chopra, Information Systems Development Manager, IRCS, National Headquarters, New Delhi gave detailed information and training for online First Aid examination to District Training Officers and officials of all 22 District Branches in Haryana. Dr. Mukesh Aggarwal, General Secretary directed all officers to implement the pilot project in Haryana State in true spirit.



First aid & CPR training, Nalgonda, Telangana

First aid training program was held for NCC cadets of 14 Manipur BN NCC. Dr. Arunkanta, Chairman, IRCS, Imphal West District Branch highlighted the importance of water, sanitation and hygiene. Dr. Bankim Chandra, First aid master trainer gave lecture on the basic first aid, CPR, and hands-on training to the NCC Cadets



First aid training, Davengere Red Cross District branch, Karnataka



First aid cum medical camp, South 24 Parganas district branch & Alipore Sadar sub division branch, West Bengal



World Blind Day
First Aid Workshop for Blind
CPR/संजीवनी क्रिया
(Cardio Pulmonary Resuscitation)

A workshop is organized for practical and physical demonstration to re-energize the sudden stoppage of heart & inhaling system by artificial treatment.

Entry:
➤ Entry Limit 40 only
➤ Entry free
➤ Registration Compulsory
➤ Blind person above 18 years can participate

Guests:
Dr. Sadanand Bhaskari
Dr. Sunil Bhadde
Dr. Yogesh Pandit
Dr. Pravin Ingale
Dr. Amit Agrawal

Date & Time:
Sunday - 16-10-2022
Time - 12 to 3 pm

Place:
Ajinkya Fitness Park, Akola
Kedia Plot, Umari Road, Akola.
Ph.0724-2453155

Organised by:
➤ Ajinkya Fitness Park, Akola
➤ Indian Red Cross Society, Akola Br.
➤ Shubhamkaroti Foundation, Akola
➤ General Practitioners Association, Akola
➤ Netrakamajani Hospital, Akola
➤ Thorat Netra Hospital, Akola.
➤ Jigau Foundation, Akola.

First aid cum medical camp, Ajeya Sanghati Club from tritia,24 South Pargana, West Bengal



First aid training was held at Rasta Peth office, Foliage Company, Pune. 13 Participants participated in the training program.

IRCS, Nalgonda district branch, Telangana conducted first aid awareness program



Indian Red Cross Society, Sonamura Sub-Divisional Branch organized a school safety cum mock drill on earthquake supported by SDM, Sonamura, Tripura



Induction programme for YRC at SAIRAM institute with a hands-on demonstration of basic first aid by IRCS, Manipur.

An awareness program on Organ Donation was held by IRCS, Manipur state branch in collaboration with Mohan Foundation



IRCS, Imphal West district branch opened first aid post in connection with the 6 days long 1st Inter District Polo Tournament at the oldest living Polo Ground (Mapal Kangjeibung), Imphal West.



One day First Aid Training program was conducted at Jawahar Novodaya Vidyalaya, Khumbong (Imphal West). All together 115 NCC cadets participated in the program.



An orientation class for students of nursing from the College of Nursing, All India Institute of Medical Sciences, New Delhi was held at IRCS, NHQ on 19th October 2022 in which 77 students and 2 faculty member participated.

First aid training, Pune district branch, Maharashtra



An orientation class for students of nursing from the College of Nursing, RML, New Delhi was held at IRCS, NHQ on 21st October 2022 in which 51 students and 2 faculty member participated.

The school for hearing impaired, conducted an interschool competition for hearing impaired, Pune district branch, Maharashtra

WELCOME & CONGRATULATIONS !



The long-awaited AGM of IRCS, Assam State Branch was convened this month at the Administrative Staff College, Khanapara. Mr. A. K. Absar Hazarika was unanimously selected as the Chairman of the state branch. Mr. Gohain was selected as Vice Chairman and Mr. Prakash was selected as Treasurer of IRCS Assam State Branch. A hearty welcome and congratulations to the new office bearers of the state branch.

CONGRATULATIONS !



JBIT Institute of technology honoured Indian Red Cross Society, Uttarakhand state branch for establishing YRC unit at the institute on October 20th 2022.



Prabir kumar Das received the honor from CDMO, Boudh, Odisha for his 101th blood donation



Dr. Arumalla Sridhar Reddy was Sworn in as the Chairman, for his second term, of Indian Red Cross Society, Andhra Pradesh State Branch (2022-2025) in the presence of Hon'ble Governor & President of IRCS, Andhra Pradesh State Branch Dr. Biswabushan Harichandan.

Celebration of Important Days

National Voluntary Blood Donation Day



On the occasion of National Voluntary Blood Donation Day, Indian Red Cross Society Uttarakhand was honored by Govt. Medical College Dehradun & NHM Uttarakhand



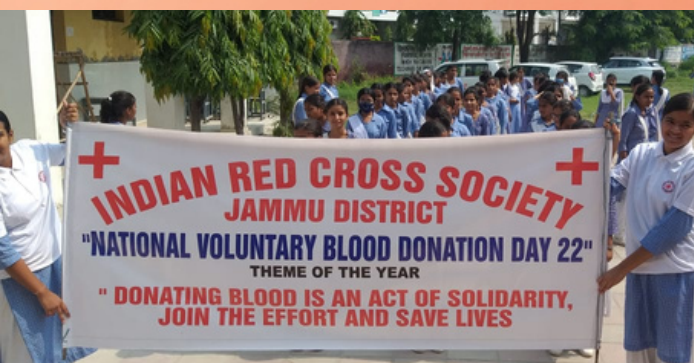
Observance of National Voluntary Blood Donation Camp as a part of Raktdaan Amrit Mahotsav by IRCS Imphal East District Branch, Manipur at JNIMS Porompat.



Celebration of National Voluntary Blood Donation Day by IRCS, Tehatta Sub-Div Branch, Nadia district branch, West Bengal



Celebration of National Voluntary Blood Donation Day, IRCS, South 24parganas



National Voluntary Blood Donation Day, J&K

Celebration of Important Days

National Unity Day



Celebration of National Unity Day, Mahasamund district, Chhattisgarh

International Day For Disaster Risk Reduction



IRCS, Sonamura Sub-Divisional branch participated in a rally observation of IDDRR organized by Nagar panchayat, sonamura, Sepahijal, Tripura.

Gandhi Jayanti



On the occasion of Gandhi Jayanti a free naturotherapy camp was organized at Red Cross Bhawan, Diwanpara Road, Bhavnagar, Gujarat.

Deepawali



IRCS, Telangana state branch officials greeted Hon'ble Governor of the state smt. Tamilisai Soundararajan on occasion of Deepawali

Celebration of Important Days

Deepawali



IRCS, Punjab state branch, celebrated Deepawali with needy patients at the Govt. Medical College & Hospital, Patiala. They distributed blankets, fruits & other needed items, in the presence of the Principal of the Govt Medical College, Medical Superintendent, Doctors & Red Cross volunteers.



Diya's for Deepawali were decorated by the volunteers of IRCS, Bhavnagar, Red Cross district branch, Gujarat



Deepawali celebrations was observed at Red Cross building, Purba Bardhaman, West Bengal



Managing crowd and first aid post at Durga Puja pilgrimage site on 3rd October 2022 by IRCS Imphal West District Branch, Manipur.



Volunteers of IRCS Sonamura Sub-Divisional Branch successfully immersed Durga idol after puja at Sonamura Dshami Ghat

Story of the Month

Aaao Roshan Karen Ghar Ghar.....



For the occasion of Diwali, The 13 students of hearing impaired school in Pune, with the guidance of 3 teachers made lanterns, decorated earthen lamps, greeting cards, and other artwork, of which an exhibition and sale were arranged by the initiation of honorary Secretary Prof. R V Kulkarni and Director of Art India foundation Mr.Milind Sathe at PYC Deccan Gymkhana, Pune on 15th & 16th October 2022. The idea behind the project was to inculcate skills in hearing-impaired students and raise funds for the school.

Har Ghar Ujjala.....



Boudh is a small district of Odisha but it is very active in Red Cross activities. The Youth Red Cross unit of Boudh Panchayat College is also a vibrant unit in the state as it has done exemplary work during corona period. Just 2 km away from the district headquarters, Leprosy Colony is situated, which is far away from local habitat as they are socially excluded. Total 9 people are residing in the colony (5 women & 4 men). Sometime the volunteers of YRC unit visits the colony to provide services. All leprosy-cured persons in the colony are aged, above 50 yrs old, disabled and living in a distressed condition. They always seek support & help for their survival. They carry out their livelihood by begging. The officer in charge of the YRC unit, Dr. Prabir Kumar Das, YRC Counsellor, who is a state awardee social worker used to visit the colony with their volunteers and family members on several occasions and provide aid and assistance to the these helpless people. In the festival of light and pleasure, Deepawali, he went to the leprosy colony with some of his volunteers to light Diya in front of the houses of these poor and excluded community, and share happiness with them. The team also distributed sweets to all of them and cherished the joy on their faces. When everybody was busy in their own celebration of Diwali with their family, at that time, Boudh YRC volunteers thought about these poor & helpless people and enjoyed the festival of lights with them. Really they have set an example for society as a service to the mankind without discrimination.

Health Camps



A pledge-taking ceremony cum awareness program on nutrition, physical health & well-being was conducted by Youth Red Cross Committee & Shillong College, Shillong



Free health check up camp by district Red Cross Society, Bhiwani at Slum areas of Bhiwani under the guidance of Sh. Pradeep Kumar Secretary district Red Cross Society, Bhiwani, Haryana

Miscellaneous Activities



Indian Red Cross Society, Kandi Branch, West Bengal held an awareness campaign on stopping child marriage



An awareness program, the "Safe Mother- Safe Home" campaign was organised by Nashik Red Cross Branch. Informative lectures were delivered by Dr. Reena Dhikle, M.O., Nashik Corporation and Dr. Nitin Birla, Paediatrician. Dr. Pratibha Aundhkar, Executive Member of Nashik Red Cross coordinated the program.



Indian Red Cross Society, Kandi Branch, West Bengal sensitized people on stopping child marriage

World Blind Day

First Aid Workshop for Blind

CPR/संजीवनी क्रिया

(Cardio Pulmonary Resuscitation)

A workshop is organised for practical and physical demonstration to rerect the sudden stoppage of heart & inhaling system by artificial treatment.

▶ Entry Limit 40 only.

▶ Entry free

▶ Registration Compulsary.

▶ Blind person above 18 years can participate

Guide:

Dr. Sadanand Bhushari

Dr. Sunil Bihade

Dr. Amit Agrawal

Dr. Yogesh Patil

Dr. Pravin Ingle

Date & Time

Sunday - 16-10-2022

Time : 12 to 3 pm

Place

Ajinkya Fitness Park,

Kedia Plot, Umari Road, Akola.

Ph.0724-2453155

Organized by :

- ▶ Ajinkya Fitness Park, Akola
- ▶ Indian Red Cross Society, Akola Br.
- ▶ Shubhamkaroti Foundation, Akola
- ▶ General Prascetitors Association, Akola
- ▶ Netrakamianjali Hospital, Akola
- ▶ Thorat Netra Hospital, Akola.
- ▶ Jijau Foundation, Akola.

सुसंवाद (We Listen)

मानसिक आरोग्य चिकित्सा सहा करिवर गाईडन्स सेन्टर

आणि इंडियन रेडक्रॉस सोसायटी, नाशिक जिल्हा शाखा यांच्या संयुक्त विद्यमाने

डॉ. स्वप्निलकिरण गिरणारकर

PGCAS, M.S. (Psychotherapy Counseling) Diploma in Mental Health (PGDMH)

मानसिक आरोग्य व वर्तणूक चिकित्सा तज्ञ, सत्वावजय थेरेपिस्ट

Mo.: 9403310997

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मानसिक आरोग्य तपासणी व उपचार मार्गदर्शन शिबीर

- मोफत मानसिक आरोग्य स्क्रीनींग चाचणी
- मानसिक समस्यांवरील उपचारांचे-औषधे थेरेपीज व मानसशास्त्रीय चाचण्यांवर मोफत मार्गदर्शन
- मानसिक आरोग्याविषयी माहिती
- मानसिक थेरेपीचे छोटे प्रात्यक्षिक अनुभव

दिनांक : शनिवार, दि. ८ ऑक्टोबर २०२२ वेळ : सकाळी १० ते १२

स्थळ : रेडक्रॉस हॉल, रेड क्रॉस चौक, रविवार कारंजा, आंबेडकर कॉलनी, टिळक पथ, नाशिक

उपलब्ध सुविधा

- वर्तणूक चिकित्सा
- समुपदेशन, मानसचिकित्सा
- बालमानस चिकित्सा
- तणावमुळे वाढणारे असिडीटी
- बीपी, डायबेटीस, हार्मोन असंतुलन
- लवचिकार इत्यादीवर चिकित्सा
- स्ट्रेस मॅनेजमेंट
- सत्वावजय (माईडकुलनेस) चिकित्सा
- रिलॅक्सेशन थेरेपी, म्युझिक थेरेपी

- मानसशास्त्रीय चाचण्या
- बुद्धीमापन, भावनांक मापन,
- व्यक्तीमत्त्व मापन
- अभिज्ञता, कलचाचणी व करीवर गाईडन्स
- बाल व कुमारवयीन मानसशास्त्रीय चाचण्या
- विवाहपूर्व व विवाहोत्तर समायोजन चाचणी
- सुजाण पालकत्व व्याख्यान व कार्यशाळा
- व्यक्तिमत्त्व विकास, स्कूल, कॉलेज कार्यशाळा
- मानसिक आरोग्याव्युप वरकशाप
- इंडस्ट्रियल वरकशाप

क्लिनिक पत्ता : प्लॉट नं. ११, गेट नं. १ च्या पाठीमागे, उपाकिरण सोसायटी, डेनिम हट शोरूम मागे, सिटी सेंटर मॉल च्या समोर, उंटवाडी, नाशिक. मोबा. ९४०३३१०९९७

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