

From the Desk of The Secretary General



The first two issues of the Red Cross Samvad evoked good response. The branches have been happy as some of their activities were covered and all recipients and readers got to know about the notable Red Cross events. Some pointed out that the template used was not printable and was too long. Hence, we have adopted this format. Your comments and views are always welcome.

During the month we had State/UT branches' leadership meeting in which focus was on Red Cross Centenary Celebration, up scaling of SERV (Social Emergency Response Volunteer programme), resource mobilization, rolling out mechanism of Strategy 2030 etc.

The enthusiasm of the participants was commendable and some committees have been constituted which shall take the tasks forward.

In March World Water Day was also observed and it was heartening to see some branches undertaking awareness activities on water conservation & safe water.



IRCS Secretary General Sri R.K. Jain along with ICRC and IFRC heads at State/UT Branches' Leadership meeting in March.



State / UT Branches Leadership Meeting

IRCS National Headquarters hosted a two day State/UT Branches' Leadership meeting on 07-08 March, 2019, under the chairmanship of Sh. R. K. Jain, IAS (retd), Secretary General, IRCS.

In his key note address Sh. R.K Jain informed that it would be the endeavour at headquarters to initiate and implement projects to achieve the goal of community resilience. He also highlighted the need of up scaling SERV across all the districts in the country and emphasized the need of visibility of activities which will provide credibility to Red Cross. He also expressed desire to award best performing branches. He concluded with his desire to achieve complete harmony between National Headquarters and branches.

this issue

From the desk of the Secretary General
State /UT Branches Leadership Meeting

IRCS NHQ Blood Bank

Courses being offered

Branch Activities

Interesting info

Kuwait Red Crescent : Kerala relief

Suggestions were invited for Centenary celebrations. A committee for brainstorming and action was constituted with Ms. Chhaya Shuka, Chairperson, Uttarakhand, Sh. Harish Metha, Chairman, Tamil Nadu, Major (Dr.) Kalpana Das, Secretary, Odisha, Dr. Prakash Parmar, General Secretary, Gujarat, Dr. R.N Deokota, Secretary, Sikkim.

In the session on "Working as one Indian Red Cross" to bring synergy a committee was constituted to take the agenda forwards with Ms. T. Y Das, Chairperson, Assam, Mr. S Balasubramanyam, General Secretary, Andhra Pradesh, Mr. T. B Sakloth, General Secretary, Maharashtra & Sh. C.S Talwar, Secretary, Punjab.



Upcoming Events

World Red Cross Day, 2019: Theme for 8 May *WHAT DO YOU LOVE ABOUT RED CROSS*

Home Health Aide Course: With the growing need for Health Care in the society, especially to serve elderly, disabled and critically ill persons at home, Indian Red Cross Society is prepared to start Home Health Aide Course in collaboration with Ministry of Skill Development and Entrepreneurship, Sir Ganga Ram Hospital and Safdarjung Hospital. The aim of the course is to impart skills to young men and women to render Home Health Care to the needy and to empower youth with skill sets that will make them employable and self reliant . The inauguration of first batch will be held on **15.4.2019**.

IRCS- NHQ Blood Bank



IRCS Nhq Blood Bank
Month of March 2019
Donors -2315

Voluntary Donors in camps—2111
Voluntary Donors in house—162
Replacement Donors in house—42

..... Reminiscences from Assam



MOTHER TERESA – WITH THE FOUNDER SECRETARY DR. POAL DUARA,
MEDICAL & NURSING STAFF OF RED CROSS HOSPITAL & NURSING STUDENT

Indian Red Cross Exhibition

Soon we will be establishing Red Cross photo exhibition at National Headquarters, Delhi.

Suggestions and classic pictures are solicited from branches, members, volunteers and staff to make the exhibition interesting and meaningful. Please e mail us at nksingh@indianredcross.org



Smt. R.D. Barkataki, a Minister in the 1977 Central Government became Gen Secretary of the branch and used to lead the Red Cross relief teams.



Then Prime Minister Ms. Indira Gandhi, distributed relief to families affected by internal strife in Assam in 1983



Indian Red Cross Society



Interesting & Useful info...

- An interesting approach towards Hand Washing and Toilet Use is here for children in age group of 7-11. The content is free and can be used during school outreach activities on hand washing.: <https://elab.emerson.edu/hygiene/>

... Excellent initiative in collaboration with IRCS Tamil Nadu Branch. Idea mooted by Mr. Karnan of IRCS to use Chhota Bheem as protagonist for Indian children.

- Global First Aid Reference Centre**
World First Aid Day 14 September: Theme will be “First Aid and excluded people” -> Share your material and case studies with first.aid@ifrcs.org

Do's & Don'ts– Heat Wave Conditions

- Avoid going out in the sun, especially between 12.00 noon and 3.00 p.m.
- Drink sufficient water and as often as possible, even if not thirsty.
- Wear lightweight, light-coloured, loose, and porous cotton clothes. Use protective goggles, umbrella/hat, shoes or chappals (non plastic) while going out in sun.
- Avoid strenuous activities when the outside temperature is high. Avoid working outside between 12 noon and 3 p.m.
- While travelling, carry water with you.
- Avoid alcohol, tea, coffee and carbonated soft drinks, which dehydrates the body.
- Avoid high-protein food and do not eat stale food.
- If you work outside, use a hat or an umbrella and also use a damp cloth on your head, neck, face and limbs.
- Do not leave children or pets in parked vehicles
- If you feel faint or ill, see a doctor immediately.
- Use ORS, homemade drinks like lassi, torani (rice water), lemon water, buttermilk, etc. which helps to re-hydrate the body.
- Use fans, damp clothing and take bath in cold water frequently.

Celebrating World Water Day—22 March, 2019



Kuwait Red Crescent delegation lending helping hand to flood affected people in Kerala

A Kuwait Red Crescent (KRC) delegation headed by Deputy Chairman Anwar—Al—Hasawi and accompanied by Kuwait Ambassador to India Jassim-Al-Najim reached Kerala to extend support in cooperation with Indian Red Cross Society to the victims of recent disastrous flood that engulfed Kerala State.

Efforts are underway to further enhance the involvement of KRC in Kerala's rebuilding as talks are on with the affected population and the concerned authorities to construct houses for the affected.

Chairman of IRCS Kerala, Mr. V. P Muralidharan hailed the positive role of KRC in Kerala's relief and rebuilding efforts. He said that KRC is among few global organizations along with Canadian Red Cross and Qatar Red Crescent to come to the state with humanitarian aid and support.

Around thousand families from affected districts of Ernakulum, Alappuzha, Malappuram, Kozhikode, Palakkad, Pathanamthitta and Thrissur would continue to benefit from Kuwait's support. The CRC and QRC have focused on supporting other affected districts in the state.



Indian Red Cross Society

SERV & First Aid Trainings...

Glimpses from March, 2019

During Assam floods, each year, Red Cross is the first organization which comes for help and its volunteers provide a number of services which includes rescue, transportation to safer areas as well as provision of basic first aid services to the wounded and sick. The volunteers were encouraged to demonstrate some of the First Aid procedures like CPR, choking, bleeding control etc.



First Aid Training program in Assam Borbali and Deopani in Karbi Anglong district— 18-20 March, 2019



IRCS Karnataka State level training

Social Emergency Response Volunteers (SERV), formerly known as First Medical Responders (FMR) are a cadre of volunteers at the community level. They are the first responders in case of emergency such as road accidents, incidents at home, earthquakes, landslides, floods and other natural disasters.

State level training of trainers was held in Bangalore in the 3rd week of March.

Karnataka: Youth Camp at Humpi and Ballari

